

Privacy Policy

Last updated: October 2026

Your privacy is important to me. This privacy policy explains what personal information I collect, why I use it, how I protect it and what your rights are.

Who is responsible for your data?

Anne Houët is responsible for the processing of personal data within the practice and through this website.

Anne Houët

Email: anne@annehouet.com

Telephone: +31 6 21373467

KvK: 88260321

VAT ID: NL04572392B19

If you have any questions about your privacy or how your personal data is handled, you can contact me using the details above.

What personal data do I collect?

Depending on how you contact me or which service you use, I may collect:

- your name and contact details;
- information about bookings and payments;
- information you choose to share with me through forms, email, WhatsApp, telephone or during a session;
- information needed for my financial administration, such as your address when you request an invoice.

Notes relating to your sessions

I may keep brief handwritten notes to support continuity between sessions. These are not medical records, although they may include health-related information you choose to share with me. I only record what is relevant and keep these notes securely and confidentially.

Why do I use your personal data?

I use your personal data to communicate with you, manage bookings and provide my services, process payments and maintain my administration.

I may also use your contact details to send you newsletters or updates when you have chosen to receive them.

I process personal data where this is necessary to provide my services, meet a legal obligation or legitimate business interest, or where you have given your consent.

How long do I keep your personal data?

I keep personal data only for as long as it is needed for the purpose for which it was collected or as required by law.

Brief handwritten session notes are normally destroyed within 6 months after your last session. Financial information is kept for the period required by Dutch law.

Other personal data is deleted when it is no longer needed, unless it needs to be kept longer because of a legal obligation, complaint or dispute.

Do I share your personal data?

I do not sell your personal data. I only share it when necessary to provide my services, run my practice or meet a legal obligation. This may include trusted service providers and professionals who support my business, such as payment, website and accounting providers.

Where required, appropriate arrangements are in place to protect your personal data.

Cookies

This website may use functional and analytical cookies or similar technologies to make the website work properly and understand how it is used.

Where consent is required for cookies or similar technologies, you will be asked for permission before they are used.

How do I protect your data?

I take appropriate measures to protect your personal data against loss, misuse and unauthorised access or disclosure. Information relating to your sessions is treated securely and confidentially.

Your rights

Under the GDPR/AVG, you have the right to access, correct or request deletion of your personal data, and in certain situations to restrict or object to its use, withdraw your consent or request transfer of your data.

If you have a question, concern or would like to exercise one of these rights, you can contact me at anne@annehouet.com. You also have the right to submit a complaint to the Dutch Data Protection Authority (Autoriteit Persoonsgegevens).